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# Mitochondria-related male infertility

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Approximately 15% of human couples are affected by infertility, and about half of these cases of infertility can be attributed to men, through low sperm motility (asthenozoospermia) or/and numbers (oligospermia). Because mitochondrial genome (mtDNA) mutations are identified in patients with fertility problems, there is a possibility that mitochondrial respiration defects contribute to male infertility. To address this possibility, we used a trans-mitochondrial mouse model (mito-mice) carrying wild-type mtDNA and mutant mtDNA with a pathogenic 4,696-bp deletion ( $\Delta$ mtDNA). Here we show that mitochondrial respiration defects caused by the accumulation of  $\Delta$ mtDNA induced oligospermia and asthenozoospermia in the mito-mice. Most sperm from the infertile mito-mice had abnormalities in the middle piece and nucleus. Testes of the infertile mito-mice showed meiotic arrest at the zygotene stage as well as enhanced apoptosis. Thus, our *in vivo* study using mito-mice directly demonstrates that normal mitochondrial respiration is required for mammalian spermatogenesis, and its defects result from accumulated mutant mtDNAs cause male infertility.

meiosis | mitochondrial diseases | model mice | respiration defects | spermatogenesis

Mitochondria have their own genome, mtDNA, and most cells in the body contain between  $10^3$  and  $10^4$  copies of mtDNA. Mammalian mtDNA encodes 13 polypeptides that are essential subunits for electron transport complexes on the inner mitochondrial membrane and 22 tRNAs and 2 rRNAs that are necessary for the translation of these 13 polypeptides. The accumulation of pathogenic mtDNAs having large-scale deletion or point mutation and the resultant mitochondrial respiration defects are associated with a wide variety of disorders, such as mitochondrial diseases, neurodegenerative diseases, and diabetes, as well as aging (for review, see ref. 1). Reduced sperm motility has been reported in patients with mitochondrial diseases (2, 3), and pathogenic mutant mtDNA has also been identified in semen samples of patients with fertility problems (4–6), although the accumulation of mutant mtDNA in semen samples is insufficient for the induction of mitochondrial respiration defects. Considering that sperm motility depends on mitochondrial respiratory function (7), these findings from human studies predict that the accumulation of pathogenic mutant mtDNA and the resultant mitochondrial respiration defects contribute to sperm dysfunction, probably leading to male infertility. By using mice with the disrupted expression of glyceraldehyde-3-phosphate dehydrogenase-S, a sperm-specific glycolytic enzyme, however, it has been implied that most of the energy required for sperm motility is generated by glycolysis rather than mitochondrial oxidative phosphorylation (8). Moreover, it is possible that nuclear DNA mutations were involved in the expression of respiration defects in all of these cases because respiratory function is controlled by both nuclear DNA and mtDNA (for review, see ref. 1). Thus, there is as yet no convincing experimental evidence showing that mitochondrial

respiration defects induced by accumulated mutant mtDNA result in male infertility.

For resolving the problem, trans-mitochondrial mice (mito-mice) carrying both pathogenic  $\Delta$ mtDNA, which has a 4,696-bp deletion from nucleotide position 7,759 in the *tRNA<sup>Lys</sup>* gene to position 12,454 in the *ND5* gene, and wild-type mtDNA are a suitable model system (9).  $\Delta$ mtDNA is similar to pathogenic mutant mtDNA with the common deletion in human mitochondrial diseases (10). When mito-mice were generated by introduction of mitochondria carrying  $\Delta$ mtDNA into zygotes of C57BL/6J (B6) mice, these mice carrying >80% mtDNA showed mitochondrial respiration defects and the resultant mitochondrial diseases (9, 11, 12). The great advantages of mito-mice are that they all share exactly the same nuclear genomic background, and their genetic variation is restricted to the proportions of the introduced pathogenic  $\Delta$ mtDNA. Therefore, mito-mice have provided direct evidence that mitochondrial respiration defects induced by the accumulation of  $\Delta$ mtDNA are sufficient by themselves for expression of the clinical phenotypes observed in patients with mutated mtDNA.

Mammalian spermatogenesis occurs continuously with individual maturation of sperm and comprises the entire sequence of events by which spermatogonia are transformed into sperm, through meiotic division of spermatocytes. In yeast, it has been reported that mitochondrial function is essential for meiosis (13–15) and the meiotic sporulation process (16). In mammalian spermatogenesis, however, it has not been well understood whether mitochondrial respiratory function is essential for the meiotic process because there was no effective animal model for answering the fundamental question.

In this work, we investigated male infertility in mito-mice (4.5–6.5 months old) carrying different proportions of  $\Delta$ mtDNA compared with that in age-matched B6 mice as normal controls, and we showed that pathogenic mtDNA-derived mitochondrial respiratory defects are responsible for oligospermia and asthenozoospermia. Furthermore, our study demonstrated that the mitochondrial respiration defects gave rise to meiotic arrest and abnormalities of sperm morphology, showing the requirements of mitochondrial respiratory function in mammalian spermatogenesis.

## Results

To select the mito-mice used for this work, we deduced the proportions of  $\Delta$ mtDNA in tissues of 4.5- to 5.0-month-old male

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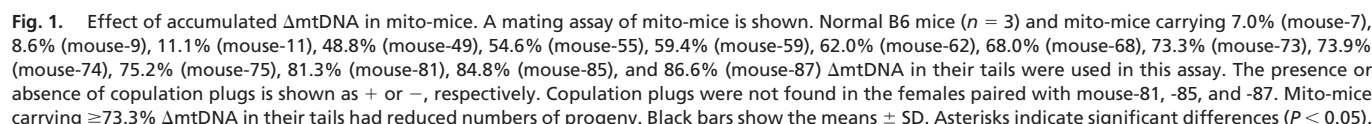
The authors declare no conflict of interest.

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Abbreviations: COX, cytochrome c oxidase;  $\Delta$ mtDNA, mutant mtDNA with a pathogenic 4,696-bp deletion; MCA, male metaphase chromosome-associated acidic protein (meichroacidin); mito-mice, trans-mitochondrial mice; SC, synaptonemal complex.

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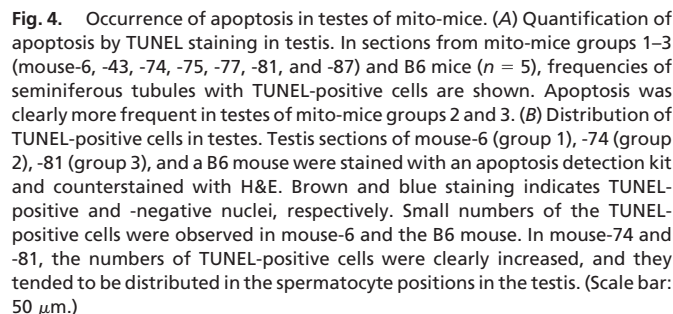
The results of the mating assay showed that the accumulation of >73%  $\Delta$ mtDNA in mito-mice was associated with male infertility, but the main reason for male infertility in group 3 mito-mice was probably behavior problems caused by mitochondrial myopathy. However, the mechanisms by which the accu-

The occurrence of oligospermia suggests abnormal spermatogenesis in the infertile mito-mice. In addition, sperm samples from mito-mice contained a maximum of 75.2%  $\Delta$ mtDNA, even when the mito-mice carried >80%  $\Delta$ mtDNA (Table 1), indicating that spermatogenic cells carrying >75.2%  $\Delta$ mtDNA did not differentiate into sperm because of the mitochondrial respiratory dysfunction induced by the accumulated  $\Delta$ mtDNA. To investigate how oligospermia was induced in mito-mice, we examined histological and histochemical changes in testes removed from groups 1–3 mito-mice and normal B6 mice. The numbers of spermatocytes, spermatids, and sperm were clearly decreased in the testis of mouse-75 (group 2); in the testis of mouse-85 (group 3) it was very difficult to identify any sper-









Possible pathophysiological mechanisms for mitochondria-related male infertility are as follows. When large amounts of pathogenic mutant mtDNA accumulate in testes, mitochondrial respiratory dysfunction is induced in spermatogenic cells. The reduction of energy production by the mitochondria induces meiotic arrest during spermatogenesis. In mito-mice carrying large amounts of  $\Delta$ mtDNA, we observed a decrease in spermatocytes at the pachytene and diplotene stages and an increase in zygotene nuclei with partially fragmented and degenerated chromosomes (Fig. 3D). We also observed a higher frequency of cells undergoing apoptosis in the region of the testis with spermatocytes (Fig. 4B). Thus, respiration-deficient spermatocytes could not complete meiosis, and these cells were removed by apoptosis. Because the  $\Delta$ mtDNA load differs in each cell (10, 12, 18), however, spermatocytes carrying a relatively lower proportion of  $\Delta$ mtDNA can complete meiosis and transformation into haploid spermatids. These spermatids could differentiate into sperm, but most sperm showed intermediate COX activity (Fig. 2A) and abnormalities in middle piece and nucleus (Fig. 2B), suggesting abnormal sperm formation. Therefore, oligospermia and asthenozoospermia were induced by meiotic arrest and enhanced apoptosis during spermatogenesis and the

Our results implied several possible scientific and clinical applications. First, mito-mice are a very valuable model system for understanding the fundamental roles of mitochondrial respiratory function in the mammalian meiotic process because mito-mice are the only mammalian model with meiotic defects caused by mitochondrial respiratory dysfunction. Second, screening for sperm abnormalities would be effective for the early diagnosis of mitochondrial diseases. Unlike muscle biopsy for the diagnosis of mitochondrial diseases, this screening test would not be invasive, but it is suitable only for males. Finally, sperm samples from mito-mice could be used for screening drugs designed to restore mitochondrial respiratory dysfunction, based



on the recovery of decreased sperm motility. Compared with disease model mice generated by the manipulation of the nuclear genome, mito-mice are not always suitable for the drug screening because it is difficult to obtain a large population of mito-mice with the same  $\Delta$ mtDNA load. However, the sperm samples from mito-mice could be used for large-scale drug screening. Moreover, drugs capable of improving mitochondrial respiratory dysfunction would be useful for treating not only mitochondrial diseases but also male infertility from mitochondrial causes.

## Methods

**Mice.** Mice carrying  $\Delta$ mtDNA, mito-mice, were generated by introducing  $\Delta$ mtDNA from cultivated cells into zygotes of B6 strain mice (Crea Japan, Meguro, Tokyo, Japan) with cell-fusion techniques as described in ref. 9. Male mito-mice (4.5–6.5 months old) carrying various proportions of  $\Delta$ mtDNA were used for the study. The proportion of  $\Delta$ mtDNA in mito-mice was deduced from tail DNA samples because the proportions are very similar in all of the tissues of an individual mouse (9, 11, 17). Age-matched male B6 mice were also used as normal controls. Female B6 mice (2.0–4.0 months old) were used for the mating assay with the mito-mice and normal B6 mice.

**Statistical Analysis.** The data were analyzed with an unpaired Student's *t* test. All values are the means  $\pm$  SD, and values with  $P < 0.05$  were considered significant.

**Mating Assay.** Male mito-mice carrying various proportions of  $\Delta$ mtDNA in their tails (7.0–86.6%  $\Delta$ mtDNA) and age-matched male B6 mice were used in the assay. Groups 1 and 2 mito-mice were cohabitated with a female B6 mouse until a copulation plug was found in the female. Then the female with the plug was exchanged for a new female B6 mouse. The procedure was repeated at least three times. The number of progeny from each was counted. Even when group 3 mito-mice were cohabitated with female mice for  $>1$  month, the copulation plugs were not found in the female.

**Quantitative Estimation of  $\Delta$ mtDNA.** Proportions of wild-type and  $\Delta$ mtDNA in tissues and sperm collected from mito-mice were determined by real-time detection PCR as described in ref. 17.

**Assays for Sperm Number and Motility.** Sperm samples collected from the cauda epididymidis of mito-mice and age-matched B6 mice were incubated in 500  $\mu$ l of HTF medium, and the total sperm number was counted. These sperm samples were also used as samples for determining the  $\Delta$ mtDNA content and for cytochemical staining for COX activity. Because the most sperm became active after 2 h of incubation and the activated sperm

could swim up to the upper layer of the medium within the incubation time, the swim-up sperm were counted as the number of motile sperm after 2, 4, and 6 h of incubation.

**In Vitro Fertilization Assay.** Mito-mice and B6 mice were induced to superovulate by consecutive injections of pregnant mare serum gonadotropin (Aska-Pharma, Minato, Tokyo, Japan) and human chorionic gonadotropin (hCG; Aska-Pharma) with an interval of 48 h between injections. Unfertilized oocytes were collected from the oviducts 15 h after the hCG injection. *In vitro* fertilization was carried out by using sperm collected from mito-mice and B6 mice in HTF medium in an incubator. After overnight incubation, the developmental frequency of two-cell-stage embryos was used as a measure of the rate of successful fertilization.

**Histological Procedures.** Testes from mito-mice and B6 mice were fixed in 10% formaldehyde solution. Paraffin sections (6  $\mu$ m thick) of the testes were stained with hematoxylin/eosin (H&E). Sections were also stained by indirect immunostaining with an anti-MCA antiserum (18) followed by a secondary antibody, rhodamine-conjugated goat anti-IgGs (H+L) (Jackson ImmunoResearch Laboratories, West Grove, PA). The sections stained with anti-MCA antiserum were counterstained with H&E to visualize all nuclei. A TUNEL staining assay was performed with an *in situ* apoptosis detection kit (TaKaRa Bio, Otsu, Shiga, Japan) according to the manufacturer's instructions. The stained sections were counterstained with H&E to visualize all nuclei. Histochemical and cytochemical analyses for COX activity were carried out as described in refs. 9 and 11. Frozen sections (10  $\mu$ m thick) of testes and sperm mounted on glass slides were used as samples for the analyses.

**Meiotic Chromosome Analysis.** The meiotic chromosome analysis was performed with a method described in ref. 27. Briefly, the spermatogenic cells prepared from testes of mito-mice were dispersed, the nuclei were stained with 50% silver nitrate, and the samples were analyzed under an electron microscope. On the basis of differences in chromosomal synapsis formation, spermatocyte nuclei were classified as being at the zygotene, pachytene, or diplotene stage or as degenerated cells, and the percentage frequencies of each stage and of degenerated cells were calculated.

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